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**Spotlight on:
Allergies**

by Robert Lowery, M.D.

ALLERGIC ASTHMA

Asthma is a disease that affects the airways, lungs, and muscles used to move air in and out of the body. Allergic asthma is a type of asthma that is triggered by allergens in the air such as dust mites, mold, and pet dander. Allergic asthma is the most common type of asthma. When allergic asthma is triggered, a series of events occurs in the body that may be referred to as an allergic reaction. A small molecule is produced called *Immunoglobulin E* that causes the airway passages of the lungs to become inflamed and swollen, resulting in coughing and wheezing. If you have experienced such symptoms, see the allergist for skin or blood allergy testing.

Your doctor can help you determine what kind of asthma you have and how best to treat it. Call our office at 775-5500 to arrange for an appointment. Learn what triggers these incidents and how to deal with them. The earlier you act, the less severe the asthma attack and its consequences. We're located at 1300 Harvard Ave., Suite 200, in the Randall Hall Building. *Don't put off getting help.* We offer the latest, most up-to-date care for allergy and asthma. Relief is just a phone call away!

The Red Cross Blood Drive will be at the High School this week, 10-5. Please donate!

P.S. Since allergens are everywhere, it is important for people with allergic asthma to understand their allergy and asthma triggers.

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ESTABLISHES YOUR TRADEMARK**

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AND ATTENTION GETTING HEADLINE**

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AND INFORMATIVE MANNER
PERTAINING TO YOUR PROFESSION**

**LEAVING OUT ALL
CONTROVERSIAL MATTERS!**

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WRITTEN SPECIFICALLY FOR YOUR
PROFESSION OR BUSINESS**

LOCAL ITEMS ABOUT LOCAL NAMES AND EVENTS

AN ADDITIONAL ATTENTION-GETTER

