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**Insight to  
Eyesight**  
Presented by  
**Paul Davis, M.D.**  
*Ophthalmologist*

**ARE YOUR EYES OVERLY  
SENSITIVE TO LIGHT?**

If your eyes are so sensitive to light that you have to squint and/or you experience headaches, you may be suffering from photophobia. While this sensitivity to light is not a disease, it is a symptom of a variety of conditions. For instance, common causes of photophobia include corneal abrasion (scratching of the eye's outer layer), uveitis (inflammation of the eye's middle layer including the iris), and nervous system disorders such as meningitis. Sensitivity to light may also be symptomatic of a detached retina, sunburn, and rare diseases such as the genetic disorder keratosis follicularis spinulosa decalvans (KFSD). It is always a good idea to discuss light sensitivity with an ophthalmologist in order to identify and treat the underlying cause.

Your eyes 'see' by focusing light that enters the eye onto the retina which sends the image to the brain via the optic nerve. We are medical doctors who are trained in the study of the eyes. Let us help determine what is best for you. At EYE PHYSICIANS OF WAYLAND, we welcome your questions and aim to provide you with the answers you need to give you peace of mind. We care about you and the quality of your eyesight. For further information about anything in our column, or, if a discussion or conference is desired, feel free to call us at 555-7557 for an appointment. We are located at 25 State Road, Wayland.

*The Red Cross Blood Drive will be at the High School all week from 10-5. P.S. Because individuals with light-colored eyes have less pigment to protect them from harsh light, they are usually more susceptible to light sensitivity.*

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